

## Beyond Anger A Guide

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### Stephanie Covington, Ph.D., L.C.S.W. • Beyond Anger and ...

Beyond Anger: A Guide for Men (Revised) by PhD Thomas J. Harbin, 9780738234809, available at Book Depository with free delivery worldwide.

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The program stresses how to take action, deal with feelings, and make positive progress. The complete curriculum includes a facilitator's guide, a video, and reproducible handouts. Beyond Anger helps corrections clients: Identify sources of resentment and anger and develop strategies to move beyond them to forgiveness.

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