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Alderman, Karen

Marshall. Year: 1998.

Publisher: New

Harbinger Publications  
Incorporated.

Language: english.

Pages: 240 / 252. ISBN  
10: 1572241225.

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Alderman (1998-06-02)

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I read Amongst Ourselves as a therapist and partner of someone with DID (Dissociative Identity Disorder). This book

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presents a very different approach to a little known psychiatric disorder. In contrast to

theoretical books,

Amongst Ourselves is

gentle and positive

without minimising the

pain survivors suffer.

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Tracy Alderman 117 ratings, 4.08 average rating, 8 reviews  
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Quotes Showing 1-6 of 6 "I spent many years trying to make up reasons about why I had the flashbacks, memories, continuous nightmares.

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Quotes by Tracy  
Alderman**

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with Dissociative  
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[Tracy Alderman;  
Karen Marshall] -- A

clinical psychologist  
teams up with a  
licensed social worker  
who has Dissociative  
Identity Disorder to  
offer a first-person  
perspective of the  
condition and provide  
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with dissociative  
identity disorder.  
[Tracy Alderman;  
Karen Marshall,  
L.C.S.W.] -- Explores  
the causes and  
symptoms of  
dissociative identity  
disorder and offers  
advice on living  
constructively with  
multiple personalities.

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provides a first-person account of what it's like to live with DID and strategies to help sufferers improve their lives. It explains how to find a therapist, manage confusing and self-destructive behaviors, evaluate treatment procedures, and come out to others.

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**Author Ishmail**

**Hamed's new book**

**"The Art of Making**



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Aly Raisman, team captain of the gold medal-winning U.S. Women's Gymnastics teams in 2012 and 2016, spoke at the 4th annual T-Mobile Women's Summit about the importance of self-care, believing in yourself and being an ally. "I really think about the power of using your voice and how you may ...

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